



# Lizzie Flynn & The Runaway Trains



Combining lyrical honesty with enchanting melodies, Lizzie Flynn crafts songs that mix a touch of satirical storytelling with abundant joyful emotion. Together with The Runaway Trains, they venture off the beaten path to play folk music that resonates with everyone, spanning country to Celtic and a few other stops along the way.

## NEW ALBUM – WONDERDUST)

“Lizzie Flynn, the primary songwriter (the album also has covers of songs by Gordon Lightfoot and Darrell Scott) and voice of this album is front and centre with her sumptuous voice and delightful songs. Drawing on eternal themes including love and longing, dreaming and nostalgia, Lizzie’s vocals are beautifully framed by the members of The Runaway Trains. Gareth Mewes (violin) and Benja King (double bass) bring their deep background in jazz, while Sam De Santi (guitar and mandolin) contributes a folk/roots perspective. Meanwhile, Lisa Brennan’s backing vocals are thoughtfully sprinkled like magic stardust right across all of the songs.

Stand out tracks for me include the title track, ‘Wonderdust’, with its infectious mix of fiddle, Lizzie’s intimate and gorgeous vocals (superbly recorded and mixed upfront) and those delicious harmony vocals from Lisa, which blend perfectly with the lead vocal; “Two” with the delightful interplay of fiddle and mandolin weaving in and out of the vocal line; ‘Detours to Dusk’, with its longing for something better in life; and ‘Stop the Clocks’, which reminds us all how time shapes all that we feel in life.”

— Ian Dearden, January 2026

## RECENT MAJOR PERFORMANCES

Maleny Music Festival, Woodford Folk Festival, Cygnet Folk Festival, Illawarra Folk Festival, Peak Festival, Cobargo Folk Festival

## ONLINE

[www.lizzieflynn.com](http://www.lizzieflynn.com)  
[www.facebook.com/lizzieflynnmusic](https://www.facebook.com/lizzieflynnmusic)  
[www.instagram.com/lizzieflynnmusic](https://www.instagram.com/lizzieflynnmusic)  
[www.open.spotify.com/artist/4PkYoamNPHD8fPlPt9u4Yv](https://www.open.spotify.com/artist/4PkYoamNPHD8fPlPt9u4Yv)  
[www.lizzieflynn.bandcamp.com](http://www.lizzieflynn.bandcamp.com)

## The Runaway Trains

Gareth Mewes – violin  
Benja King – double bass  
Sam De Santi – guitar, mandolin

## YOU & THE OPEN SKY ALBUM

“The bright and breezy vocals of Brisbane-based musician Lizzie Flynn convey a welcoming and open conversation. Soundly crafted alt-country ballads and fun folk-tinged melodies float pleasingly across nine tracks. Flynn’s tone and phrasing are reminiscent of Suzanne Vega with a clarity to match our wide northern skies. Upper range harmonies visit Stiff Gins territory, as on ‘Diamond’ - a breathy ode to a delicate shining lover. Banjo, mandolin and double bass roll along a country road. Guitar and snare drum shuffle between fine fiddle on ‘Awakening’. ‘Beautiful Something’ beckons with immediacy from measured piano intro to unabashed vocal. A hint of steel guitar adds to the sense of longing. ‘It Takes A Lot Not To End Up Dead’ is a made-to-order festival sing-along with electric guitar bridge. Opening track ‘Prisoner In My Own Town’ was shortlisted in the 2016 Vanda and Young Songwriter Awards.”

- Chris Lambie, November 2016,  
*Rhythms Magazine*

## THEATRE & CABARETS

**Queensland Cabaret Festivals** - songwriter and producer for *Stop The Clocks - Yours Sincerely*, *Banana Brain - It Takes a Lot Not to End Up Dead*

**Other Productions** - songwriter for *My Dead Bunny*, *Two Weeks With the Queen*, *Eric Vale Epic Fail*, *The Tuckshop Kid*, *Beeware*

## CONTACT

Lizzie Flynn - [lizzie@lizzieflynn.com](mailto:lizzie@lizzieflynn.com)  
Bookings - David De Santi 0409571788,  
[david@goodtunes.com.au](mailto:david@goodtunes.com.au)